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Today we're honored to share with you an article written by our dear friend Susan "Honey" Good. She will share some pearls of wisdom. so enjoy reading. I am flying on American Airlines through the white fluffy clouds at 34,000 feet.

My **ultimate concierge** is on my left, my pooch Orchid is lying at my feet and I couldn't be happier. I am so grateful. I turn to my husband and tell him I love him. He takes my hand and tells me he loves me. We smile at one another and I pat Orchid who looks up at me with her big black eyes. I know she is smiling inside — I am content. My concierge goes back to his novel about the war in Afghanistan and I open my laptop and place my fingers on the keyboard.

I ask myself, "What am I going to muse about today?" This phrase goes through my mind most days because I either have too much to expound on or I don't have a clue. This happens to writers. Writing is hard, darlings... or on second thought, maybe it's better to say writing is a challenge?

Today was one of those days when I did not have a clue what to muse on until I wrote that last line. Immediately a thought popped into my mind, 'I will write about the emotional meaning behind the word hard versus challenging.'

I decided that if I used the word 'challenge' rather than 'hard' when dealing with inconvenient or difficult situations, I felt uplifted.

Let's imagine the car battery dies, the suitcase zipper breaks, the sink disposal backs up or I lose my house keys. If I say, "I am challenged," I think I have a better chance of solving my problem rather than if I were to say, "This is going to be very hard to deal with." It is positive reinforcement when I say challenge. I am saying to myself, "I have the endurance to solve this situation."



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